

Pommel horse



The pommel horse exercise is one of the most difficult disciplines in men's artistic gymnastics and requires much training already at a young age.

To enable young gymnasts to learn the basic elements such as leg circles simply and quickly SPIETH offers in its product range a variety of training and methodical aids and apparatus. By using materials with the best absorption properties SPIETH makes its input in additional protection of the gymnasts' hand joints.



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Art. 218
Pommel Horse

FIG certified. ORIGINAL REUTHER.

2-leg base with height adjustment from 110 to 150 cm, body professionally upholstered with cowhide leather. Equipped with 2 hygroscopic aluminium pommels, tie-down chain with tension shackle for floor anchoring, 4 built-in retractable swivel rolls and outside lever control.



055

055
Aluminium Pommel

Per piece. Covered with hygroscopic anti-slip rubber compound.

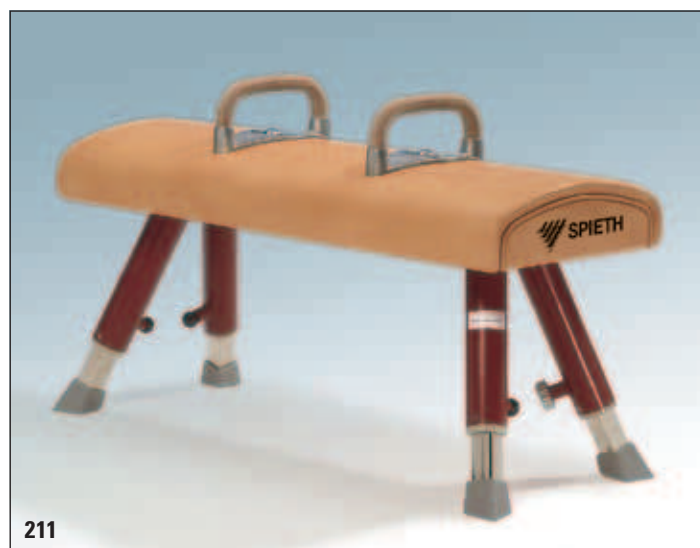


Pommel horse

Art. 215

Mini-Pommel Horse "Junior"

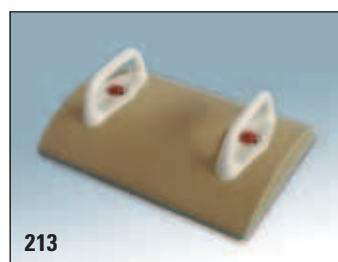
Designed for young gymnasts to facilitate the change to the competition pommel horse and to train under the same conditions as in competition. Matched shape and height. Pommels surface allowing excellent grip. Height approx. 100 cm, body approx. 143 x 32 cm.



Art. 211

Pommel Bench

This training apparatus has been developed to facilitate the transition from mushroom to pommel horse and to learn double leg circles being the significant part of contemporary performance on pommel horse. The width of 45 cm (instead of 35 cm) makes holding on the body easier. 4 feet can be easily height-adjusted from 50 to 65 cm in 3 steps. Excluding pommels and pads.



Art. 213

Pommel Board

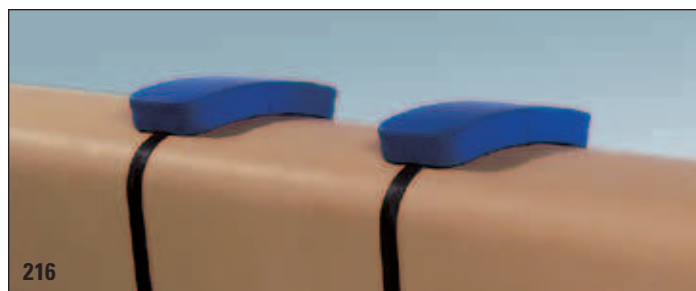
Training device for learning double leg circles. Covered with fleece material, with 2 plastic pommels ORIGINAL REUTHER.



Art. 217

Floor Pommel Horse for training

Body meets FIG specification. Body professionally upholstered with cowhide leather, with 2 hygroscopic plastic pommels.



Art. 216

Pommel Pads

Per piece. Preformed pommel pad upholstered with foam and nylon to protect wrists by flanks training. Easy installation by means of quick-fastener.



Art. 332

Mushroom

Diameter approx. 60 cm, height approx. 48 cm. Stable base of plywood 60 cm in diameter. Body covered with seamless formed PUR foam.



Art. 331

Mushroom with Pommel

Same construction as Art. 332, but with REUTHER pommel.



Art. 334

Competition Mushroom

Diameter 100 cm, meets specifications of German Gymnastics Federation. Top of seamless formed PUR foam assembled on a wide foot ring base.



Art. 319

Thomas Circles Trainer

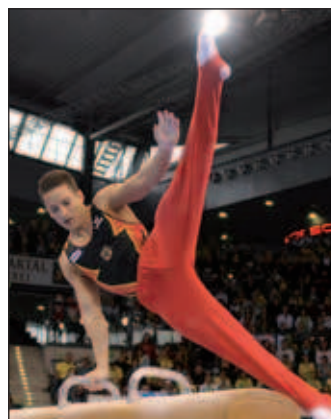
Training aid to learn the Thomas circles. Equipped with a swivel to enable free movements in all directions. Supplied without ceiling fixation material.



Art. 318

Double Leg Circles Trainer

Training aid to learn the double leg circles. Including foot support plate with Velcro fixation and a suspension running in bearings. Supplied without ceiling fixation material.



40	Mats
42	Mat sets
43	FIG specifications
46	Training Equipment