

Aerobic gymnastics



Aerobics is the youngest gymnastics discipline within the FIG program.

The loads and requirements of an aerobic floor significantly vary from the floor constructions for rhythmic or artistic gymnastics.

The construction of the aerobic floor was especially improved for the Aerobic World Championships 2008 in Ulm, but first tested in action at the European Championships 2007 in Szombathely. The absolutely positive feedback from the athletes shown that SPIETH with its new model "ULM" succeeded to develop an outstanding aerobic floor meeting the needs and requirements of the current gymnasts. The important criteria for the aerobic floor are high elasticity and resilience for the jumps and cushioning and shock absorption for the landing.



Art. 655



Aerobic Floor "Ulm"

FIG certified.

Official aerobic floor at the European Championships 2007 in Szombathely and the World Championships 2008 in Ulm.

The SPIETH aerobic floor "Ulm" is an advanced development of the previous aerobic floor and meets the highest requirements for high level competition and training. The active spring force and cushioning are co-ordinated in such a way that they provide superior shock absorption and extra wrist protection consequently. The basic plates with spring elements are connected by means of flexible lamels made of reinforced polypropylene ensuring an easy and quick installation. The aerobic floor consists of 64 multi-layer high pressure glued wooden plates (each 150 x 150 cm) with a top layer developed especially for Aerobics. The construction is held by tensioning belts preventing floor from shifting.

Outstanding dynamics and attractive design!

Total size 12 x 12 m, height 7.5 cm.

Including marking tape.



Tightening System of the Aerobic Floor

The whole construction is firmly held by tightening belts, which protect the plates from shifting despite of intensive load.

